P-flow the complete guide to **KNOW YOUR FLOW**

Kindly follow the following steps to know your flow, to know if your kidneys are at risk and get a recommendation if you need to see a doctor **Procure a P-flow:**

https://tejnaksh.com/shop/product/ disposable-uroflometer/











Unbox the P-flow, with attached funnel & pipe.





in front of P-flow. Hold

the



funnel & pee into naturally.

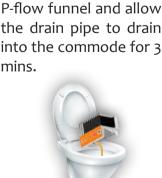


Enter details, click & upload a clear photo of side "A".









Steps To Dispose

Pass water into the



Invert the P-flow

